

THE EVOLUTION OF HUMAN EXPERIENCE EXPLORING THE INTER PLAY OF EMOTIONS, COGNITION, CULTURE AND TECHNOLOGY IN SHAPING HUMAN BEHAVIOUR

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ABSTRACT

This paper examines the intricate relationships between human emotions, cognition, culture, and technology, investigating how these factors intersect to influence human behavior in the digital age. We explore how technology shapes human interactions, emotional regulation, and decision-making processes, while also considering the cultural and social implications of technological advancements. By synthesizing insights from psychology, anthropology, philosophy, and computer science, this research provides a nuanced understanding of the complex dynamics underlying human-technology interactions. Our findings highlight the need for a multidisciplinary approach to understanding human experience, acknowledging the profound impact of technology on human behavior and society.

KEYWORDS: *Human Emotions & Human Behavior*